



BC Association of
Healthcare Auxiliaries

June Newsletter 2023



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PRESIDENT'S GREETING!

I started my service off with a 'bang' by accepting an invitation to attend The Honourable Lt. Governor Janet Austin's May 5th Coronation Luncheon in honour of King Charles & Queen Camilla. So many decorated military members, current and past, were in attendance, that it seemed quite overwhelming. (Not to mention the Police Chiefs, Mayors and other assorted dignitaries scattered amongst her patron organization representatives.)

I was proud indeed to represent BCAHA and be included in such an auspicious event!

We are growing the number of members who wish to receive their personal copy of our newsletter. We're edging closer and closer to 2000 general membership readers. Our Editor, Sharon Egglestone (Prince George), is showing such creativity with displaying your successes. All contributions be they large or small, to your community are worth celebrating! So please continue to send her your latest accomplishments for all to share! You just might be giving another auxiliary an idea they hadn't thought to try before.

Besides attending great parties, I have been spending time enjoying the quality of your Facebook pages. They are easy to find on our website and well worth successive visits.

Also on our website are two new reference materials –

BCAHA Auxiliary President's Handbook (revised 2023)

A Manual for BCAHA Directors revised April 2023)

As we should only be using to the most up to date forms and/or information, the website should be your newest, best friend. Our Communications Officer, Cheryl Fry, stands ready to assist you with setup.

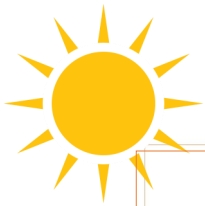
Or, perhaps as Cheryl often says, you could also ask your 12 year old grandchild/neighbour for help? For all of us, being 'online' is considered a necessity now.

Last March, Area Director Nadi Bottomley and I visited Port Alberni, Tahsis and Gold River Auxiliaries. I will be looking forward to scheduling further 'outreach' visits to VIAD (South) in August. In September, I'm planning on heading north to Vanderhoof for the NE/NW Area AGM.

Please don't forget, we're all getting together again next **April 21-24, 2024** in Kamloops, so watch for AGM updates from our new Vice-President Ian Burke.

Regards,
Carole Murray
BCAHA President





CORONATION CELEBRATION



The Honourable Janet Austin
Lieutenant Governor of British Columbia
requests the pleasure of the company of
Carole Murray

at a lunch reception in recognition of the
Coronation of Their Majesties
King Charles III & Queen Camilla
on May 5, 2023

at 12:00pm,
at Government House

1401 Rockland Avenue, Victoria

Doors open at 11:30pm Dress: Business attire

Please RSVP and advise of dietary restrictions by April 27, 2023

email: ghrsvp@gov.bc.ca Tel: 250-387-2086

*Government House is situated on the
traditional territory of the Lekwungen Peoples,
the Songhees and Esquimalt First Nations.*



Lt. Gov. Janet Austin greets her guests.



**Happy to be there representing
BCAHA.**



The programme of events.



Portrait gracing a reception table.



Even the cookies were 'official'!



Choral entertainment!



**Carole had a great discussion with Barbara
DuMoulin, VP Canadian Federation of University
Women. She's a big supporter of auxiliaries.**



AGM 2023 NEWS

2023 BCAHA BOARD OF DIRECTORS

Election of Officers for 2023-2024

After no further nominations were received during the 3-day prescribed period, (April 16-18, 2023) the nominees for the BCAHA Board Officer positions were elected by acclamation. They are as follows:



PRESIDENT – Carole Murray

VICE PRESIDENT – Ian Burke

DIRECTOR OF FINANCE – Allana Ferro

DIRECTOR OF COMMUNICATIONS - Cheryl Fry

SECRETARY – Lynda Hudon

PAST PRESIDENT

DIANE THORNTON

AREA DIRECTOR VANCOUVER ISLAND

NADI BOTTOMLEY

AREA DIRECTOR FRASER VALLEY

JOANNE BYDAL

AREA DIRECTOR LOWER MAINLAND

YVONNE CHARD

AREA DIRECTOR KOOTNEY BOUNDARY

WENDY SCHWAB

AREA DIRECTOR NORTH EAST AND WEST

FERN HANSEN

AREA DIRECTOR OMA

VAL WRIGHT

MOTIONS PASSED:

Motion: Moved that the Agenda be approved. M/S/C/

Motion: Move that the minutes of the April 4 th , 2022 BCAHA Annual General Meeting be approved as circulated. M/S/C

Motion: That the BCAHA Annual Financial Statements for the year ending December 31, 2022 be approved as presented. M/S/C

Motion: That the firm of Gregory, Yick & Associates, Chartered Accountants be appointed as Professional Accountants for BCAHA until the end of the 2024 Annual General Meeting. M/S/C

Motion: That all Acts, contracts, proceedings, appointments and payments made, done and taken by the Directors and Officers of BCAHA since the last Annual General Meeting held April 4 th , 2022 be approved, ratified and confirmed. M/S/C

Under the constitution and bylaws the quorum requirements of 10% of active members and 50% of areas were met.

See you in person at the next Annual General Meeting which will be April 22-24, 2024 in Kamloops.

NEW TO THE BOARD



Ian Burke



Lynda Hudon



In 100 MILE HOUSE



Our Auxiliary has 19 Beautiful Members. We are busy running The Gift Shop located at The 100 Mile General Hospital. Our Gift Shop is open Monday to Friday, mornings and afternoons. We have an extensive, wide range of wonderful handmade items to sell. Our Auxiliary hosted a garage sale at the 100 Mile Hospital Parking Lot on June 3. In the fall, we will be organizing a fundraiser and also have plans to set up a table at Christmas Craft Sales in our Area.

IN MCBRIDE

The McBride and District Hospital Auxiliary held our annual Strawberry Shortcake Sale recently and sold more than 220 pieces of cake. This successful fundraiser is a great example of hard work and organization by the members. We had the use of a local church's kitchen which allowed for smooth production of cakes and organization of orders. The generous donation of berries, cream, and containers by businesses and members (as well as the home-baked cakes from members and friends) meant that we had few expenses. Deliveries (about ¾ of the pieces) were made thanks to three gentlemen, two of whom delivered using pedi-cabs!



In SUMMERLAND The OMA Conference

April 17th

Demure as Dorothy, with Toto in her lap, P. Pres. Lynda Avis poses with Carole following her "Rainbows Encourage New Beginnings— Imagination, Communication, Teamwork" presentation for the OMA Conference in Summerland.



Guest Speaker Michelle Pascoe presented "Kindness in the Workplace".



Reviewing the Auction bid items!

Allana, Val, Cheryl, Carole & Arline





IN PORT COQUITLAM

ERHA - Eagle Ridge Hospital Auxiliary

For the last 10 years our key fundraiser has been a small Thrift Shop in Port Coquitlam. The location ticks all the boxes. It's close to bus stops, has ample parking, and easy access for donations. However, lack of space to store the donations, for our volunteers to work and for inventory to be displayed has hampered our ability to grow. Last summer our neighbour of 10 years decided to move, and we were able to take over the space next door. We were nervous about doubling our rent, the cost of renovations and our ability to attract enough volunteers to man the larger space. With good contingency planning we had a separate fund put aside to pay for modest renos. We knocked out the wall between the two halves in the front and back of the store, keeping the middle section to retain the wall space. We kept the ugly floor (urban chic!) We also kept the store open during the two months of renos, living with plastic sheeting separating the two sections. Once renos were complete, we began to stage the new section, still blocked off from the old. We had some very generous and serendipitous store fixture donations from a movie company, a local store that was moving out, from our volunteers, as well as some bargain Marketplace purchases. We closed for four days and had a massive volunteer effort to clean and relocate between to two halves. All through the demolition and rebuilding we posted photos and videos of the progress on Facebook and Instagram. We contacted local media, both online and traditional to participate in our grand opening. We invited our local Mayors to attend and had a fabulously successful reopening. The publicity from newspaper articles has increased both sales and volunteers. The spacious new setting has also attracted new customers. It was worth the risk and all the work. Four months on we continue to have more sales and volunteers and are exploring new ways we can support Eagle Ridge Hospital with the additional funds.



ON THE SUNSHNE COAST—Doing Our Part

When word came out that single use plastic bags were no longer going to be allowed to be used, we wondered what could we do! We rely heavily on donated bags, reusing where we can, but also buying them when we have to. No more!

A few of our dedicated volunteers came to the rescue. In addition to trying to train our customers to bring their own bags, we are making them! We probably get 100 pillow cases in a week and not all can be sold. They are culled weekly and we are using those to make shopping bags.

Many of our customers either bring their own bags now or say they don't need a bag. The pillow case bags are great for those who come to the till with armloads of items. (And thank you for that!)

Liz Lacey, Maureen Hamblin, Hilary Chalke and Bonny Bennett are all making bags. Hilary also makes beautiful bags from fabric donated to the store. Our biggest problem is the current cost of thread – but our volunteers are donating that as well as their time.

Thriftng is one of the best ways to encourage stewardship of our environment and also help our local community. By donating clean, used items for sale in our store, you are helping this cause and providing an avenue for raising funds for much needed equipment in Sechelt Hospital and other worthwhile healthcare initiatives.

Liz Lacey, Maureen Hamblin and Hilary Chalke displaying the up-cycled bags.





IN LADYSMITH—EXERPTS FROM AN AUXILIARY HISTORY

Early years of the Ladysmith Hospital (now Health Care) Auxiliary

by Pam Fraser, Recording Secretary, Ladysmith Health Care Auxiliary—February/March 2023

Buried on the last page of the July 7, 1909 Ladysmith Chronicle newspaper, in the smallest type, appeared the following short notice.

“There will be a meeting of all women interested in the building of the hospital at the city hall this evening at 8 o’clock. The object is to form a ladies auxiliary in connection with hospital work, and it is hoped that as many ladies as can make it convenient to be present will be at the city hall this evening. Matters in connection with the hospital are not progressing as favorably as they should, and much of the work may well be undertaken by the ladies.” Indeed it has, for over 100 years

Ladysmith was an “instant town”, less than 10 years old in 1909. The town had dirt roads and wooden sidewalks with large stumps from land clearing scattered throughout. It was created by coal mine owner James Dunsmiur for the miners who worked at his Extension mine twelve miles away.

Injuries and deaths in the mine were commonplace. During the 32 years the Extension mine was in operation, 104 men were killed (Goldstone, 2020, p. 2). Medical treatment for those seriously injured in the mines was limited. In 1909 there was no hospital in Ladysmith. Injured men were either treated at home or transported to hospitals in Chemainus and Nanaimo. Due to rough roads, many died while in transit (Goldstone, 2020, p.1).

The women and children of Ladysmith also had serious health concerns. “...chronic respiratory diseases and infant (under 5 years) and maternal mortality rates, particularly among mining families, were extremely high, even for the time” (Goldstone, 2020, p.1). The need for better medical care was clear.

The first hospital 1911 was supported by the ladies auxiliary through many forms of fund raising.



As predicted by the Chronicle, the Ladies Hospital Auxiliary was a very vigorous fund raiser for the hospital. The July 17, 1909 newspaper noted,

The Ladies Auxiliary in connection with the hospital are having splendid success collecting subscriptions for the maternity ward. They have not met with any refusals and everyone seems inclined to contribute towards the ward (p. 1).

On February 5, 1910 the Ladysmith Chronicle reported that a ball held by the Ladies Hospital Auxiliary raised \$110.00. On April 9, 1910 the newspaper noted that the Ladies Hospital Auxiliary had raised a total of \$1500. On April 23 there was news of an Auxiliary Bazaar which netted \$380. This would be a total of about \$1880 or \$60,000 in 2023 dollars, a remarkable level of fund raising for a small community of just over 3000 people.

Who were these first Auxiliary women? It is safe to say they were not lively retirees, as is largely the case in 2023. They were all in their twenties and had young children at home.



Jane Steele was one of the first Auxiliary organizers.

Walter, Henry, Annie and Jane Steele, 1907

It is humbling to think of the dedication of the women who founded the Ladysmith Hospital Auxiliary. After a day of caring for children, preparing meals and keeping a clean house, these women found the time and energy to attend evening Auxiliary meetings, and to hike back up Ladysmith’s hills after! For miners’ wives housekeeping was especially challenging. The mine had no facilities for a miner to clean himself after his shift, so a miner arrived home covered in greasy coal dust. It was the wife’s job to have a bath ready for him and clean his clothing.

Ladysmith’s first hospital opened on June 1, 1911, built at a cost of \$18,000. The provincial government contributed \$12,000. The miners, through wage deductions, contributed about \$2600 towards the building costs and about \$4000 to go towards operating costs. In exchange miners and their families were to be treated without charge. The Ladies Hospital Auxiliary contributed an estimated \$4000

To read the full version of this amazing story please google:

Ladysmith Health Care Auxiliary and click on History



AUXILIARY NEWS

IN POWELL RIVER

A MOMENT IN THE HISTORY OF THE POWELL RIVER HEALTH-CARE AUXILIARY

This is a letter written by the first Publisher of the Paperclip

Publicity Report for 1966 & 1967

This has been a most interesting year in the line of Publicity. We had great co-operation with the local press, the photographer of the news having been present at all the greater events which were numerous. The presentation of a 3000 dollar cheque to Mr. H. Slade, the opening of the Economy shop, the visit of Mrs. O Ottowell, open house tours around the hospital, the June luncheon meeting—to which 70 members attended—two play therapy ladies meetings, and then in October the Annual Fall Fair..

In Jan 1965 I was sending an average of 85 Paper Clips a month. The number is now 120. So in the year 1966 I sent 1,216 to members.

Publicity for C.F.C.P. & opening of the Economy Shop & tours of the hospital—also for the Fall Fair.

Income for 1966 50 dollars

Expenditures “ 84 dollars

Balance in cash and stamps 8.16

I would like to say how much I have loved composing the paperclip each month and hope the new publicity Convenor will also enjoy it.,

God Bless

Molly B Cunningham

paperborders.org

IN SLOCAN

Hot Dog & Bake Sales

Submitted by Julie Heichert

Our first Hot Dog and Bake Sale on June 10, 2022 was so successful we had another one on Sept 30. The two sales were held in front of the RHC Insurance Agency, from 10:00 a.m.-2:00 p.m. The hot dogs were a big hit (even a couple of overdone dogs that folks came back for) and all the delicious, donated baking sold out each time.

It was a terrific fundraiser with each day raising over \$1,100. The proceeds at the first sale went to floor alarms for the residents at the Pavilion, and the second sale proceeds went towards an IV chair for the Health Centre's Emergency Room. We want to give a big Thank-You to all members, and everyone that supported us through baking, buying and eating!



IN CLEARWATER



Crafty ladies of the **Clearwater Unit** creating huge flowers for the **Garden Party** decorations. (Bobbi, Marilyn, Joan, Sylvia and Lorraine in the front) The theme is Spring Flowers. Tickets are available from a number of members and if you would like some to sell give Gail a call. 250-674-3521.

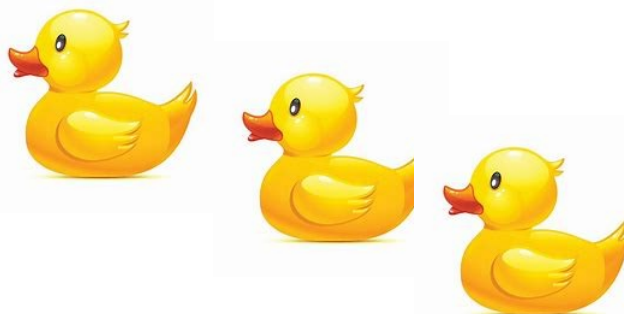
Thanks to members that volunteered to approach the businesses in our area we have received some very nice and valuable items for our live and silent auctions. We also received some very generous cash donations. There are 15 table sponsors. They will be recognized at the event (**May 7, 2023**) by the MC and with table cards.

Mary put the hospital beds (4), that were given to us to sell, on Facebook and there was a good response from the community. All sold in record time.



IN FT ST JAMES

The Stuart Lake Auxiliary have been asked to take over in coordinating with the district, an annual "duck drop" on July 1st, so they are busy getting tickets done and will start selling them soon. We will be hosting our dart shoot in October once again, so some of the organizing for that has begun.



**A good volunteer is like a four leaf clover,
hard to find and lucky to have!**



IN TERRACE

Hello, I would like to tell you that we received a very pleasant surprise in April. We received a donation from Ledcor/Summit Helicopters for \$25000.00. We did not request this donation. This is the first donation of this kind we have received. It will go a long way to purchase more equipment for the hospital.

We will be holding a customer appreciation day on May 13th. On May 31st, Mills Memorial Hospital will be providing an appreciation luncheon for all the auxiliaries. This was an annual event until Covid. This is the first one since the pandemic is over.

Cecile Boehm



IN ABBOTSFORD

Congratulations to Abbotsford Auxiliary Member – Manjot Benning

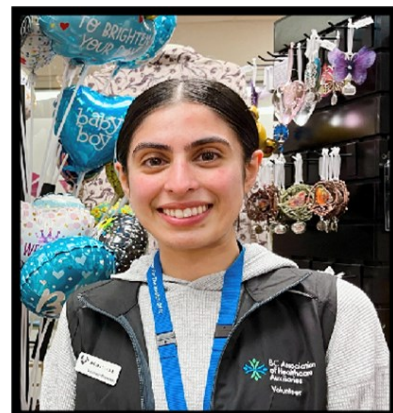
We are very proud of the accomplishments of Abbotsford Auxiliary's youngest member, Manjot Benning. She began her volunteer journey at ARH as a Volunteer and subsequently joined the Auxiliary in 2019. Along with her studies at UFV, she volunteers in the Gift Shop and Surgical Day Care. Here is an article from the UFV website about her most recent accomplishment.

"The Faculty of Science is pleased to announce that Manjot Benning, Biology major, has been selected to represent UFV this summer, in person, at the 64th Annual London International Youth Science Forum.

The shortlisted candidates presented a research topic of their choice to the UFV selection panel. The presentations were amazing!

Manjot will join 500 other leading scientists from around the world from July 26 – August 9, 2023. The London International Youth Science Forum (LIYSF) offers a two-week science Summer Camp held at Imperial College London & The Royal Geographical Society. Each year 500 students aged 16-21 years old from 70 countries enjoy a STEM Summer Camp with lecture demonstrations from leading scientists, scientific visits to world-class laboratories and science universities combined with international cultural interaction."

Manjot Benning





AUXILIARY NEWS

IN TAHSIS

Tahsis is a small community on the west coast of Vancouver Island with approx. 300 year round residents. Our small group of members with the support of our wonderful community, raise money for items requested by our medical staff at the Health Center. Items such as: recovering cloth chairs with materials that can be wiped down for infection prevention, bariatric chairs for patient comfort, foot care equipment, and this year we purchased a new rolling vitals unit (standing nurse) that checks patient blood pressure, pulse, Oxygen level and temperature.

We raise money at our 2 bazaars during the year. We have raffles, sell baked goods, coffee and tea, knitted items, and plants. We also sell ducks for the duck race at Tahsis Days which is a good fund raiser and a lot of fun. In the event of a community emergency we support the health center and our local emergency services, however we can.

In 2022 we had a major crisis!

The Tahsis hospital auxiliary was hard at work back in January of 2022. The North end of Vancouver Island suffered a 10-day power outage that effected the communities of Kyuqot, Oclucje, Ehatis, Zeballos and Tahsis. During this community emergency the hospital auxiliary stepped up to the plate and volunteered to man the warming center after hours to ensure our overnight guests of 20 individuals remained cared for. They assisted with coordinating the warming centre, assisted in ensuring individuals received daily meals and kept a over seeing eye on our most vulnerable. This emergency was during Covid which lead to the ladies ensuring tables, chairs and doors were wiped down regularly.

Debbie Vansolkema worked closely with BCEHS and ensured the most vulnerable received their daily medications and ensured BCEHS assessed and treated any injuries that occurred. We are so blessed to have this fine team of individuals in our community of Tahsis and I look forward to working with them in the future.

Virginia and Allison are 2 of our paramedics and auxiliary members who diligently went door to door to make sure all our community members were checked on and helped to provide whatever was needed to make it through our outage. center helping

One of our members worked at the Warming center/Rec. there. Also 3 other members took people and pets into their homes to provide a warm place and food through this time.



Auxiliary members are amazing, caring people! Cheers!!

IN LADYSMITH

The auxiliary helps with Meals on Wheels.

The Ladysmith Health Care Auxiliary program is in collaboration with Island Health and Oyster Harbour Seniors. The cost per meal is \$6.00 and it is delivered Monday, Wednesday & Friday to your location by our friendly Ladysmith Health Care Auxiliary volunteers.



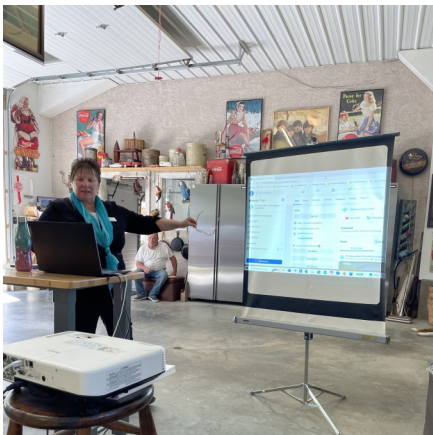


IN CASTLEGAR

PIVOTING IN A PINCH

The Covid years have taught auxiliaries how to pivot in a pinch to keep our activities going. During a Presidents' meeting last month in The Kootney Boundary area, the hotel was double booked and we lost our room so Area Director Wendy Schwab went above and beyond for us to use her triple car garage to hold the meeting!!

Cheryl Fry is presenting "How to become user friendly on Facebook"!



IN KASLO

ANOTHER PIVOT!!

VICTORIAN HOSPITAL OF KASLO AUXILIARY SOCIETY

The VHKAS is one of the oldest hospital auxiliaries in British Columbia and as such we try to continue many of our past traditions. One of Kaslo's longstanding traditions is to hold a May Days Tea during the May Days long weekend. However since Covid-19 we've had to revise many of our plans. Since last year, instead of a May Days Tea, we have had a VHKAS Table on the grounds of Vimy Park, where we set up a jewelry sale and information stand.

It was not an easy decision, but for us it was the most practical one. We were still able to participate in May Days activities and take into consideration our volunteers. This way most of our volunteers were able to finally! enjoy their weekend, our auxiliary got more publicity, and this year we made a hefty profit, of over \$1,000.00 from donated jewelry.



"The greater the obstacle, the more glory in overcoming it." -Molière



BCAHA OUTREACH VISITS

IN PORT ALBERNI



Lunch time bonding!
clockwise-Noella, Nadi, Roberta, Ursula,
Carole and June



President Roberta Jensen shows off
knitted items in larger sizes for older youngsters.

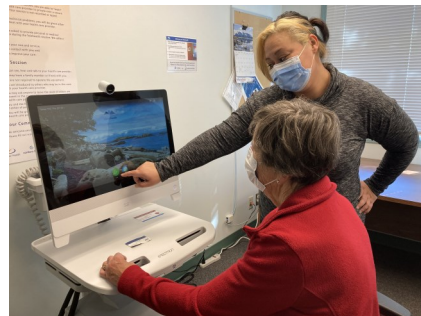


Area Director
Nadi Bottomley
couldn't resist
buying this lovely
mug in their Gift
Shop.

IN TAHSIS



Fun filled lunch with all their 10 members!
President Debbie Van Solluma is back left
(cream/black jacket)



Tech savvy Auxiliary members!!



EMT and Auxiliary member Mike Maintan
figures a way to get himself in the group photo!



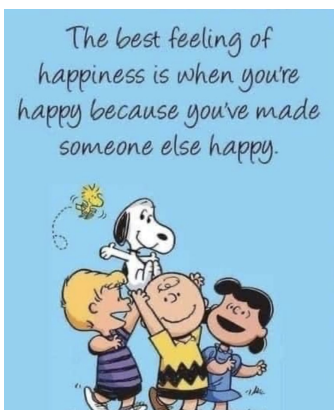
BCAHA OUTREACH VISITS

IN GOLD RIVER



Being 'happy' to be together in Gold River Thrift Store with President Jan Truemanand two of her members.

Smiles all around! Follow-up meeting in their Library next door to the Thrift Store.



IN LADYSMITH

Continuing to give to Variety, the Children's Charity

Thanks to Lil Kroll our donation of \$5000.00 was doubled by calling into the Telethon again this year. Sometimes we don't know how important even these smaller donations can mean to those who benefit.

Here is a story about how that money was put to good use! See below for a response from Neil McEachern, Donation Relation Officer, Variety.

"I would like to share with you the story of one of those kids that we will be able to help because of this donation. This gift means we can help kids like nine-year-old Billy, who like you and your members is from Ladysmith, receive a grant for a private autism assessment. This will be of great help as Billy currently suffers from ADHD and other symptoms that his pediatrician identified as possible indicators of Autism. When his parents were told to investigate an autism assessment, they encountered a two-year waitlist and that they couldn't afford a private assessment on their own limited income.

That's where Variety stepped in, thanks to your help, to fully fund a private autism assessment for Billy, so on behalf of Billy and his parents - thank you so much for your help!

(excerpt from Neil McEachern's letter to Ladysmith Health Care Auxiliary March 29, 2023)



Picture from 2020



DO YOU HAVE AN ERIKA? Featuring exemplary auxiliary members

The Mission Auxiliary would like to recognize and thank Justine who has been such an integral part of The Cottage for **47 years**.



Justine is a beautiful person and is loved and respected by all! She is not retiring so be sure to drop by and say hi when you're shopping at The Cottage in Mission.



CELEBRATING AUXILIARY DAY IN MAY!!

Fashion Show Fun in Oliver!
South Okanagan Health Care Auxiliary Society



Prince George ice cream giveaway to hospital visitors and patients as a thank you for supporting the Auxiliary to UHNBC businesses!



Powell River
 cooks up a thank you luncheon for their members.



An Appreciation Day Tea was held in **Quesnel**.
 We had many people coming to our goodies table full of all kinds of baking goodies.





Celebrating together at the Cowichan Thrift Store!



Ft St John Auxiliary did a display on Friday May 05/23 to celebrate Volunteer Day!



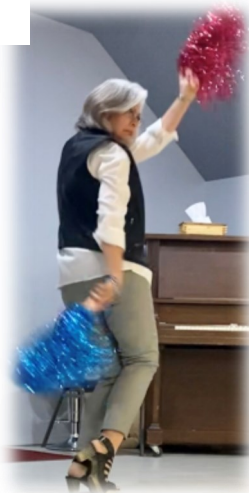
CELEBRATING AUXILIARY DAY IN MAY!!

IN LADYSMITH

Volunteer Dinner Event May 16th, 2023

We had a great group of Ukulele Players and singers for entertainment, followed by a Fashion Show extraordinaire!! Thanks to all you participated in making the event so special.

GIRLS JUST WANNA HAVE FUN!!



TESTIMONIALS

Part of our mandate is to provide "Education, Resources and Support" for our members ! Here is what some had to say about our effort to do

From a member in Gold River

I think that we all are feeling energized and much more confident after meeting with you and Nadi.

Thank you for coming to Gold River and meeting with us. I'm one of the newbies, and I feel much more connected to the larger organization now.

Our next meeting is on Monday, and I'll be sharing this with everyone.

Thanks again,

What a great news-
letter -- so upbeat and encouraging.
Good for you, Madame President.
Lyle & Jean

**Save
the
Date**

2024 AGM & Conference

Sunday, April 21 - Wednesday, April 24

Coast Kamloops Hotel

1250 Rogers Way, Kamloops, BC

**SEE YOU NEXT YEAR
IN PERSON!!**



What fabulous things are happening in your auxiliary? PLEASE SHARE YOUR STORY

If you would like to have anything published in the BCAHA newsletter, please send to the newsletter editor, Sharon Egglestone at:

bcahanewsletter@gmail.com. The newsletter is published four times a year! April, June September and December! If you would like to have anything published on BCAHA Facebook page or Instagram please send to Cheryl Fry at:

commdirector.bcaha@gmail.com

We love to hear from our Auxiliaries, and we love to BRAG about what you do in your communities. If you publish your own newsletter, we'd love to have a copy so we can share your successes with other auxiliaries. Please include us in your newsletter email list (bcahanewsletter@gmail.com) so we get a copy.

If you don't already receive our newsletter and would like to, please go to bchealthcareaux.org and go to the news section and click on 'newsletter'. You will be able to request to sign up by putting your information in, or you can send an email to commdirector.bcaha@gmail.com and I will sign you up.

Thank You so much, " We LOVE to hear what you are up to"!

Cheryl – Communications Director