



BC Association of Healthcare Auxiliaries

Helping Healthcare the Auxiliary Way

President's Message Newsletter December 2022

It is a well-established fact that time does appear to speed up the older we get. This past year for me has gone by quite quickly, perhaps it is because we are out and about doing more, trying to put Covid behind us. I feel that I just finished writing the December 2021 newsletter a few months ago. 😊

We have new family next door to us. Their families emigrated from India several years ago. They celebrated Diwali also known as the Festival of Lights on October 24th this year. I had a lovely conversation with them as to what they do to celebrate this important yearly event. Diwali gets its name from the row of clay lamps that Indians light outside their homes to symbolize the inner light that protects from spiritual darkness.

When I was going to University, I lived as a mother's helper with a Jewish family, and I was included in their family Hanukkah celebrations. In 2023 Hanukkah runs from December 18th to 26th. Hanukkah is often referred to as the Festival of Lights as they light their Menorah.

This year I will celebrate Christmas with family and friends as we always do. The Star of Bethlehem figures predominantly in the Christian faith, bringing light where there was darkness.

As we go forward into 2023, we should all celebrate and embrace what we all have in common no matter what holiday we celebrate or what faith we belong to as it all comes down to family and friends gathering, good food and letting light into our lives.

Warmly

Diane