



# BCAHA SUMMER NEWSLETTER 2022 CONFERENCE EDITION



Setting the scene for information-sharing  
about challenges and successes  
and highlighting best practices  
for BC Healthcare Auxiliaries.

# **APRIL 3-6 2022 KAMLOOPS BC COAST KAMLOOPS HOTEL**

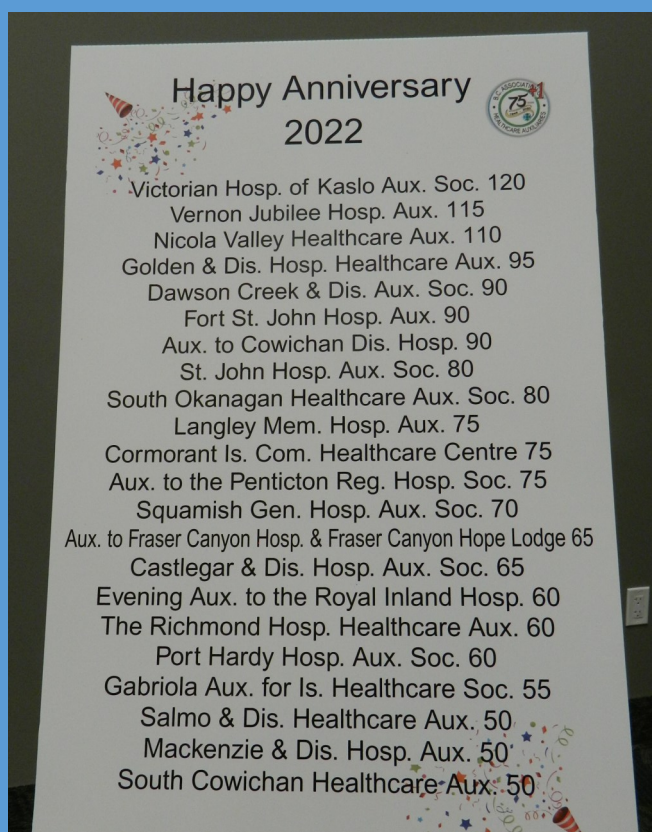
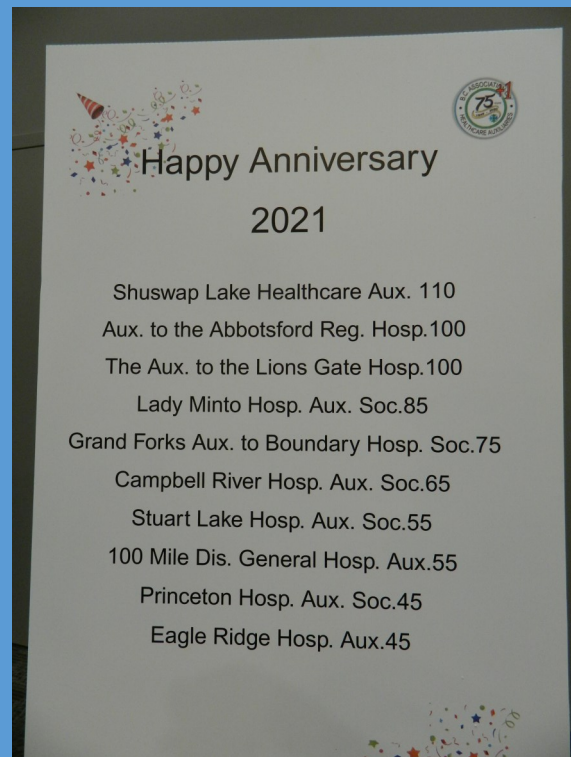
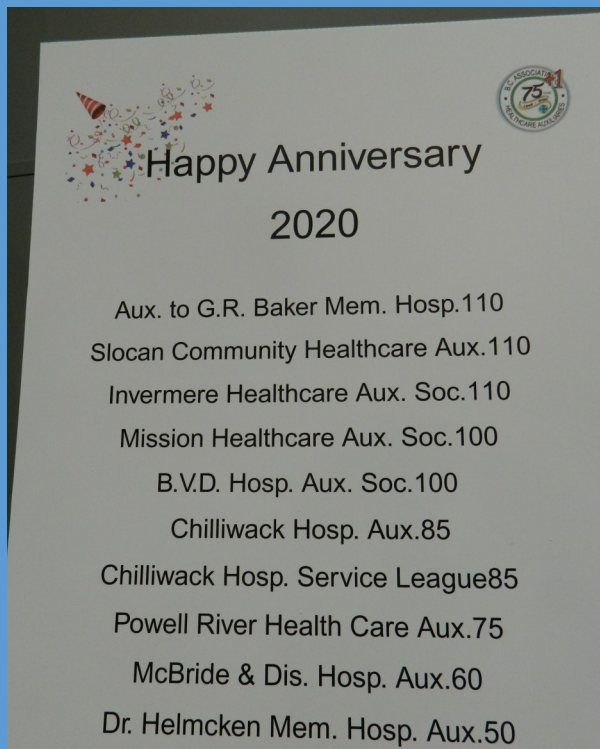


**THE BCAHA BOARD OF DIRECTORS  
WELCOMES PROVINCIAL DELEGATES  
TO KAMLOOPS**





# SPECIAL ANNIVERSARIES AT THE SUNDAY RECEPTION



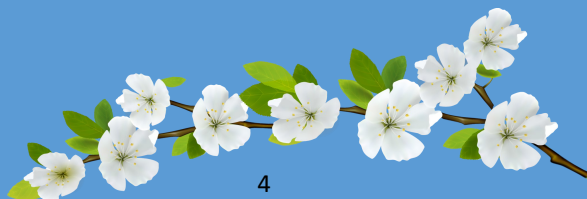


" Sunday night was party night! A night to celebrate all the special anniversaries that happened in the last three years but the parties had to be cancelled because of Covid. In 2020 and 2021 there were a total of twenty special anniversaries - 10 each year. In 2022 we have a whopping 22 member auxiliaries celebrating special anniversaries. The oldest member auxiliary this year was the Victorian Hospital of Kaslo Auxiliary Society, 120 years old. These three photos are just a sampling of the 22 that received certificates."



**SPECIAL  
ANNIVERSARIES**

**SPECIAL  
ANNIVERSARIES**





# OPENING CEREMONIES



**BCAHA President Diane Thornton introduces Kamloops Mayor Ken Christian.**



**Diane Shendruk, Vice President Clinical Operations, brings greetings from Interior Health North.**

**Vice President Carole Murray addresses the delegates.**



# THE KEYNOTE SPEAKER



Janice Otremba, key note speaker(rgt) and her assistant Chelsea Walker (left)

## IT'S YOUR POOL...DON'T PEE IN IT & SHARING THE SANDBOX



Janice's presentation and then delegates completing an exercise in following blindfolded directions.



Janice stressed one take-away from her remarks:

**WHY NOT?**







# RAISING FUNDS FOR BCAHA BURSARIES

## THE CRAFT TABLE



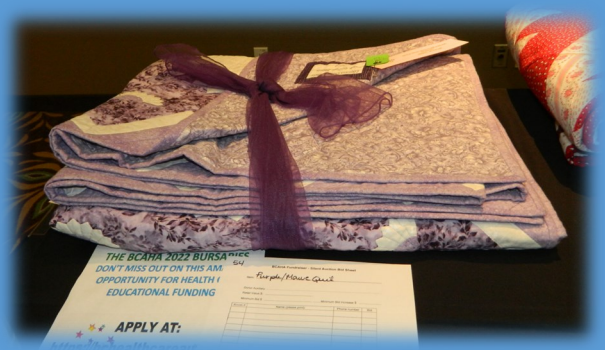
**Craft Fair - \$874.13  
was raised for the  
Bursary Fund!**



**Bursary Fund Table Donations - \$60.00**



# THE SILENT AUCTION



**The Silent Auction raised \$3086.33  
for our Bursary Fund!**



## 50-50 DRAW WINNERS



**50/50 Draws - \$1,085.00  
was raised for the  
Bursary Fund!**

**\$397.00 - Nora Ternier -  
Armstrong Spallumcheen  
Healthcare Auxiliary**

**\$347.50 - Elaine Hunt -  
Vernon Jubilee Hospital  
Auxiliary**

**\$340.00 - Linda Lester -  
Nicola Valley Healthcare  
Auxiliary**

**And the real winners are the BC Healthcare student  
recipients of the BCAHA Bursary Fund! At this  
conference we raised a total of:**

**\$5,105.46**



**Four \$1500.00 bursaries will be  
awarded in 2022!**

# GREEN BAG PHOTO CONTEST



Area Director Anne Kern holds the 2022 photo contest voting box!! The green bag was found in many strange places!

1st place—Dildo Newfoundland

2nd place— An MRI machine

3rd place—a mystery!!!

## 2024 Photo Contest Guidelines for the Travelling Green BCAHA Bag:

1--you may send as many pictures as you wish but ALL of them must fit on a 9x12 backing.

2--the backing will be supplied by BCAHA so all are the same

3--each picture must have the volunteer and the green bag in it

4--on the back of each picture must be written the following;

\* your name, your home auxiliary and where it was taken\*

5--the pictures must be taken from the end of conference 2022 until two months before the next conference in 2024

6--no information to be on the front of the pictures

7--no pictures will be returned but they can be picked up by you or someone from your area at the conference. Any pictures that remain at the end of the conference will be recycled.

Good Luck to all.

BCAHA Picture Committee





# THE SESSIONS



Cheryl Fry, BCAHA  
Communications

Director, gives tips and  
tricks on how to use  
Social Media to promote  
your auxiliary!

Vice President Carole  
Murray presents a  
seminar on Good Social  
Media Photographs



# FOLLOW UP FROM CONFERENCE

## Question:

**How do you file a BC Society Annual Report when the President's role is filled with more than 1 person?**

## Answer:

### Background:

**Section 68** of the Society Act requires every society to file an Annual Report within 30 days after the Annual General Meeting was held. Information you enter in this report must be current as at the close of the annual general meeting.

The annual report filing reminds the society to promptly file any change to the information shown in the Corporate Register. It also tells the Corporate Registry that the society is still active.

### Society Act Part 5 – Management, Division 1

#### Number and residency of Directors

**40** - A society must have at least 3 directors and at least one of the directors must be ordinarily resident in BC.

#### Designation, election, and appointment of Directors

**42 (2)** - To become a Director of a society, other than the first Director, an individual must be elected or appointed to that office in accordance with the bylaws.

- (3)** – The bylaws of a society may provide that an individual who holds a particular office or who has a specified attribute is, by virtue of holding that office or having that attribute, appointment as a Director of the society.
- (4)** – A designation, election or appointment of a Director is invalid unless
  - (b)** – the designation, election or appointment is made at a meeting that the individual attends and the individual does not refuse, at the meeting, to be a Director.

**NOTE: 1** – The Annual Report does not ask for the position title, all are designated as Directors.

**2** – You must check your Bylaws as to what it states regarding the president's position, your auxiliary may be required to change its bylaws or put a resolution on the floor to change for 1 year only.

**3** – If you have any further question contact BC Registry at 1-877-526-1526.

Submitted by

**Allana Ferro**  
**Director of Finance, BCAHA**  
**April 27, 2022**





# FOLLOW UP FROM CONFERENCE

**Question:** "Are episodic volunteers covered under HCPP if volunteering with a member auxiliary?"

**Answer:** From an HCPP perspective, as long as the *volunteer* (whether it is a key volunteer or episodic) is acting within the scope of their volunteer duties at the direction of the organization they would be considered a volunteer.

**Question:** How can auxiliaries contribute to the BCAHA Bursary Fund?

**Answer:** The Tribute Bursary Fund receives donations from auxiliary donors wishing to remember an Auxiliary Member who has passed away and the auxiliary wishes to recognize their contribution.

**Check out our website under Bursaries  
- it's a new feature**



# THE BANQUET ENTERTAINMENT

The **Dance Gallery** is a local dance studio in Kamloops teaching pre school, RAD ballet, Acrobatic Arts, Tap, Lyrical Contemporary Jazz, Pointe and Musical theatre. They awed the delegates with their talent and enthusiasm.





# FACES AT THE CONFERENCE



**Prince George delegates!!**



**Barb Stewart from  
Langley Memorial  
Hospital Auxiliary**



**Sunshine Coast Healthcare**



**Diane chats with some of our  
gentlemen volunteers!**



**Shopping at the vendor tables.**



# FACES AT THE CONFERENCE



**Delegates getting to know each other!**



**Voting at the AGM!**



**Masks used as blindfolds!!!**





# CLOSING CEREMONIES

Florence Nightingale (aka Lynda Avis)

Excerpts from her closing remarks



I WANT YOU TO CLOSE YOUR EYES, AND IMAGINE FOR A FEW MINUTES THAT YOU ARE IN ANOTHER TIME AND ANOTHER PLACE. THE NIGHT IS COLD AND BITTER, THE WIND WHISTLES BY YOU AND WITH ONE HAND YOU PULL YOUR CAPE TIGHTER AROUND YOU TO PROTECT YOU FROM THE PENETRATING WIND. ALL AROUND YOU ARE THE SOUNDS OF DYING AND INJURED SOLDIERS. YOU HOLD YOUR LAMP HIGH TO LIGHT YOUR PATH. SO MUCH SLAUGHTER, SO MUCH PAIN. WHERE TO BEGIN? YOU BEND DOWN TO COMFORT A SOLDIER WITH A GAPING HEAD WOUND. YOUR LAMP BLOWS OUT. IN DESPERATION, YOU CRY OUT, **"WHERE IS MY AUXILIARY?"**

For a moment, let's consider the WEBSTER DICTIONARY'S definition of an Auxiliary – the dictionary defines an auxiliary as a person or thing that provides supplementary or additional help and support. This is why Healthcare Auxiliaries exist, to help and support. This is what you do, day in and day out. And volunteers like you have been helping and supporting healthcare for over a hundred years. There is an old proverb that says it is better to light a candle than to complain about the darkness. One candle does not shed much light. But when many are lit, the light spreads and strengthens.

The best way to raise awareness and promote your organization is to do it by word of mouth!!! You want to be in a position to see the whites of their eyes. Arrange to be on the agenda of a local city council meeting to talk about the history and contributions of your auxiliary; ask to speak at church functions, Rotary Club meetings or at the local high school. Young people will be interested in joining as a way to gain experience, fulfill school credits or complete volunteer hours when applying for bursaries or scholarships. Be enthusiastic about your message, show your passion. It will be contagious, and you **will be** successful in recruiting others to your cause.

# CLOSING CEREMONIES

**No celebration is complete without a song!!**

## **AUXILIARY SONG**

To the tune of "When Johnny Comes Marching Home

Words to Auxiliary Song – Lynda Avis

### **CHORUS**

When Auxilians come to work, they shout, "Hooray! Hooray!"

When Auxilians come to work they shout, "Hooray! Hooray!"

We spread good cheer, we dab a tear, and always smile from ear to ear,

There's been Auxilians for over a hundred years!

### **VERSE 1:**

There's Thrift Stores that we manage and we sell all kinds of things,

There's cups and books, and coats and hats, and sometimes even rings,

Our staff are rare, they're beyond compare,

Our prices eminently fair,

There's been Auxilians for over a hundred years!

### **CHORUS**

### **Verse 2:**

We sew, we knit, we quilt and bake, there's nothing we can't make,

We do 50/50, we answer the phone and then there's books to loan,

We train volunteers, there's the lost and the found,

There's always something lying around,

There's been Auxilians for over a hundred years

### **CHORUS**

### **VERSE 3:**

There's gift shops that we manage, and we sell all kinds of wares,

There's flowers, balloons, and chocolate bars, and even teddy bears!

Auxilians always do their best, for us, there's very little rest,

There's been auxilians for over a hundred years

### **CHORUS**





# THANK YOUS FROM THE DELEGATES!



I just wanted to say thank you so much for all your hard work on the Conference. It was my first and I thoroughly enjoyed it. I really learned a lot (should have put more on the comment sheet!).

Maureen Hamblin Sunshine Coast

Hi Carole,

On behalf of the 6 Delta Hospital Auxiliary members who were able to attend the BCAHA Conference in Kamloops I would like to thank you very much for a wonderful conference. We thoroughly enjoyed, and learned something from, all the speakers and thought the organization of everything was exceptional. The accommodation was good, as was the food.

Will you please extend our thanks to all who helped you create this uplifting and invigorating experience.

Cathy Bayley

President: Delta Hospital Auxiliary Society

Salmo & District Auxiliary

"We would like to thank the BCAHA executive and the Regional Directors for the hard-work and long hours that were put into the making of the 2022 AGM and conference such a resounding success. Thank you all so much and we look forward to the meetings in 2024."



## FROM CAMPBELL RIVER

“Celebrating You in 2022” was the theme of the BC Assoc. of Hospital Auxiliaries Provincial Conference held April 3 – 6, 2022 in Kamloops. The C.R. Hospiital Auxiliary graciously approved five of our members to attend. The format was changed this year. Rather than holding individual workshops and discussion groups they held open sessions to everyone with a Town Hall Meeting and two wonderful and inspiring Guest speakers.

Our first Guest speaker, Janice Otrmba, covered two topics. The first “It’s Your Pool don’t pee in it” In which she emphasized that to maintain and grow, our organization must be relevant, proactive and manage change. Her second topic was “Sharing the Sandbox” which she demonstrated by assigning a Coach at each table who provided specific verbal instructions to the others sitting at the table, who were the blindfolded artists. We came home rejuvenated and dedicated to our role within the Auxiliary.

Again thank you so much for giving us this opportunity.

Submitted by Vicky Stubbs, President of the CR Hospital Auxiliary

You shared this post.





**Good morning Leadership of the BCAHA!**

**Just a quick, but heartfelt note sending you our gratitude for staging such a successful 2022 BCAHA Conference! It was our great pleasure to be included in this event.**

**Your topics were pertinent and timely, with opportunity for all delegates to contribute. Conference planning offered diverse groups to gather and share information for everyone's benefit. We came away with better understanding about local Auxiliary models, their circumstances, contexts and approaches. Plus - insight into the creativity and 'can-do' spirit represented by remarkable Auxiliary volunteers.**

**You set the scene for information-sharing about challenges and successes and highlighted best practices. Delegates were able to get to know each other on a human level as they en-**



**joyed delicious meals (and a drink or two ) together. Proceedings demonstrated BCAHA's mandate of promoting:**

***... education, leadership, effective communication, and high standards of performance.***


**The 2022 BCAHA Kamloops Conference galvanized Auxiliary delegates in their common purpose. Thank you.**

**We send you kind regards and appreciation from Ladysmith!**



**Ruth Goodbody, President  
Eithne Reichert, Vice President  
Kathleen Bortolin, Director - Public Relations  
of the  
Ladysmith Healthcare Auxiliary**

**PS - Your after-dinner entertainment and inclusion of the youthful dance groups was delightful!**





You too can be in the newsletter!!  
Send your articles and photos for  
the fall edition to:

[ne.areadirector.bcaha@gmail.com](mailto:ne.areadirector.bcaha@gmail.com)

Or

[murraycarole5350@gmail.com](mailto:murraycarole5350@gmail.com)