



A Tribute to the wonderful people who make up
the volunteers to the Auxiliary to UHNBC

100 YEARS STRONG

Auxiliary to University Hospital of Northern B.C.
1919-2019

"100 YEARS STRONG"

When caring hearts meet willing hands..... Volunteers are created!!!

100 Years and still going strong..... A tribute to the wonderful people who make up the volunteers to the Auxiliary to University Hospital of Northern B.C.

Over the past 100 years our hospital has taken many forms and has grown as the years passed. The original hospital, a make shift log shack stayed in existence until the Grand Trunk Railway's hospital was built in April 1914. Around the same time a new privately owned hospital was built. To help support this hospital, Mrs. Cowie, first President, formed the Ladies Auxiliary in August 1919. With much enthusiasm they set out to raise money for linens, to make sheets, drapes and other incidentals.



Grand Trunk Railway Hospital 1914

A movement was started soon after the flu epidemic of 1918 for a proper City hospital. Built in 1920, known as Pine Manor, the hospital was located at the NE Corner of 13th Avenue and Alward Street. A great need of the time was an x ray machine and once again the Auxiliary set out and raised the \$500.00 needed to purchase this machine. During the following years and during the 1930 depression the Auxiliary worked even harder, going by horse and buggy collecting donations, storing produce and preserving food for the patients.



Pine Manor 1920

With the Expansion of the city after the Second World War the hospital was outgrown and with the availability of the now empty army barracks, plans were made to move. So in 1947 the hospital moved to Laurier and Lethbridge Street. Hospital insurance also arrived in the late 1940's and the Auxiliary's role changed. No longer were linens and produce needed; fund raising projects, such as teas, luncheons, dances, and many other creative ideas provided the ability to purchase equipment such as oxygen tents, bottle warmers, incubators and furnishings.



Prince George Army Barracks Hospital 1947

In the late fifties it was very evident that a new and better hospital was needed. The Auxiliary President as part of the Hospital board played an important role in helping to organize a Regional District. With this in play plans slowly evolved and in May 1958 the sod was turned for the new Prince George Regional Hospital.

Not only were there changes to our hospital, changes were happening within the Auxiliary. In 1959 membership was growing and the first Thrift shop was opened. It was located at the former RCMP station on

7th

*The Board of Trustees
of the
Prince George & District Hospital
cordially invite you to attend
the Official Opening of the
New Hospital
on Saturday, January 16th, 1960
at eleven o'clock in the forenoon.*

*You are also invited to attend an inspection of the New Hospital, arranged for the
convenience of out-of-town guests, at eight o'clock in the evening of Friday,
January 15th, 1960. Following the tour, lunch will be served in the new Dining Room.
R.S.V.P.
Mrs. Brown, Prince George & District Hospital*

University. In 1963 Compulsory Medical Insurance was introduced in British Columbia changing the direction of the Auxiliary from not only raising funds but to servicing different areas of the hospital. A Voluntary Services Committee was formed and by 1970 seventeen different services were organized. Many remain to this day.

Starting in the 1950's and continuing into the 1970's the Auxiliary's annual Ball was Prince George's "Social event of the year". One of the main fund raisers these Balls continued into the mid 70's until rising costs forced the Auxiliary to abandon them and look for alternate ways to raise funds.

Funding projects grew as the years passed-in 1979-- \$65,000 to renovate pediatrics, 1980--\$82,000 to build a solarium in Jubilee Lodge, 1984-- \$200,000 to replace aging ICU equipment; 1998--\$170,000 for 4th floor renovations, 2013-- \$200,000 for a SPECT CT Scan.

In the early 1990's more changes were happening. Since 1924 a representative from the Auxiliary sat on the hospital Board of Trustees. This changed in 1991 with the formation of the Northern Health Board and the Spirit of the North Healthcare Foundation. No longer were we part of the Health Board but were redirected to the Spirit where to this day a member holds a position on their board. Our relationship with Northern Health and the Spirit have continued to grow and we continue to be an integral part of the ongoing need of the hospital.



Avenue. Widely advertised, CKPG one of its biggest donors that year gave 1500 records and did free advertising on the radio.

Prince George Regional Hospital 1960

In 1960, with the opening of the new hospital, the still growing Auxiliary to Prince George Regional Hospital opened its first gift shop. In 1961 the first Bursary was given to a College student entering the medical field. This practice continues today with Scholarships and Bursaries going to students at both the College and

Unfortunately many of the early records of the Auxiliary were lost and some like volunteer hours were not recorded until the 1960's and then only partially. However better volunteer hour records were started in the 1970's and to date 1,062, 641 hours have been recorded.. Over the 100 years \$5,642,783.72 has been raised for our hospital.

The Auxiliary has grown as our hospital has grown, from small beginnings to the strong and vibrant Auxiliary we are today. As Auxiliary volunteers you can be proud of the many volunteers before you who built the foundation that is now **"100 years strong!"**

Prince George, B.C. Dec. 28th, 1925.

Mr. R.C.S. Randall, Secretary
Prince George Hospital Board
Prince George, B.C.

Dear Sir:

As per your request, I beg to hand you herewith itemized list of articles supplied the Hospital by the Women's Auxiliary during the year 1925.

Since the Auxiliary buys most of the material for sheets, pillow slips, etc, by the yard end at various prices, it would be impossible to give the exact cost of each of these articles, so I have given the cost of materials, and the cost of making up the articles. Mrs. Range is paid by the Auxiliary to do all the sewing.

Aside from the list of supplies enclosed, the Auxiliary early in the fall made a house to house canvass for vegetables, fruit, groceries, etc, and as a result, the hospital cellar was pretty well stocked. For most of this, the members of the Auxiliary who owned cars gathered the things up, but on one occasion it was necessary to hire a tax for the sum of \$3.00, and I have included this amount in the list attached.

Trusting you will find this list satisfactory. I am
Yours truly,

Secretary, W.B.A.

** The following page is only a portion of the price list, but very interesting to see the price difference to today's.

LIST OF ARTICLES SUPPLIED BY THE WOMEN'S AUXILIARY
DURING THE YEAR 1925

SHEETS:

16 ½ yds @ 0.95	\$ 15.70
5 1/4 " .95	5.25
11 " .60	6.60
7 " .88	6.16
4 " .75	3.00
66 " .78	51.48

PILLOW SLIPS:

8 yds .43	3.44
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PILLOWS:

4 pair @ 3.45	13.80
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TOWELS:

3 pair @ 1.30	3.90
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WATER GLASSES:

6	1.00
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THREAD:

4 spools @ 2 for .1530
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** The total purchases made by the Women's Auxiliary during the year 1925 was \$105.40

Hospital Auxiliary Ball



and Easter Fashion Show

CIVIC CENTRE

— Friday, March 23, 1956 —

RHYTHM ACES ORCHESTRA

\$9.00 Per Couple

Dancing 9:00 - 1:00

Refreshments

Statement Fashion Ball March 23rd, 1956

Deposits Ticket Money

\$	56.00	.
	531.00	.
	45.00	.
	556.50	.
	72.00	.
	45.00	.
	80.00	.
	35.00	.
\$1200.50		✓

Cheques Issued

Liquor vendor	\$312.91
Jimmy James	26.00
Nechako Bakery	8.40
Citizen Printers	10.97
Inland Printers	1.83
Radio Station C K P G	8.75
Mrs. G. Abernethy	1.50
Williams Meats	61.91
Northern Dairies	5.20
City of Prince George Civic Centre	127.00
G. Crenston "Insurance"	7.50
Citizen Publishers	20.80
Rhythm Aces Orchestra	134.00
Panama Variety	19.23
Isabelle Electric	10.00
Freeman & Sims	10.00
Mrs. C. Geddes (decorations)	36.50
Mrs. McGillivray (eggs)	1.87
Kitchen help (cash) (from deposit money)	17.00
Bartenders (cash) (from deposit money)	18.00
	\$837.37 ✓

Total ticket proceeds	\$1200.50
Total Accounts payable expenses	\$ 837.37
Total Net Proceeds	\$ 363.13 ✓

THRIFT SHOP TO OPEN IN JANUARY

Members of the Hospital Auxiliary are all set to go on what they hope will be their most successful venture. The Thrift Shop, which will be open sometime during the first week of January, is under planning at the present.

The shop will be located in the former R.C.M.P. station on Seventh Avenue. It was donated rent-free, heat cost-free, and lighting expense-free by the City Council two months ago.

Representatives of the auxiliary faced the council two months ago with a request for an abandoned building. The council immediately were sympathetic to the hospital needs and took time out from a regular meeting to discuss a location.

ROOM DONATED

Rather than give the representatives an abandoned building they gave them one room of the police station which was vacated by the R.C.M.P. this week.

The rest of the building has been granted to the Salvation Army for their use as a hostel.

Clothes for sale at the Thrift Shop are being collected all the time. Mrs. Rose Ruse, from the auxiliary has reported that already an amount of good used clothes has been brought in.

Donors of good used clothing are asked to phone any of the three persons following for pick up service: Mrs. G. Noble at 462-R-1, Mrs. J. D. Lee at 498, or Mrs. R. Ruse at 457-R-1.

DONATIONS

Clothes will also be collected anytime after the shop opens. They will be gathered slowly as the shop will need a full stock at all time.

Area taken up by the shop will be approximately 300 square feet. There's been no re-decorating done yet as final moving of the R.C.M.P. has not been made.

After a door is put in for a main entrance, members will proceed with the building of display counters, shelves and racks.

Funds from the sales made at the Thrift Shop will buy new equipment for the hospital. Recently the auxiliary purchased eight bedside tables for the new women's ward. The tables cost \$70 each.

AIDES BY BCHIS

In every donation made from the auxiliary to the hospital the BCHIS gives one-third of the price. Equipment totaling \$3000

was put in the hospital last year by the auxiliary.

Another recent purchase was the fracture table costing \$1600. The auxiliary's share was \$1000. Money for equipment comes from the auxiliary's general fund which will now be aided with the intake at the Thrift Shop.

Throughout the province these shops are conducted by hospital auxiliaries. Mrs. Ruse said that the local group has been planning one for two years.

The majority of them are highly successful. The Burns Lake shop is flourishing while in Terrace it has reported a year's net earnings of over \$5000.

Clothes sold at the shop are always clean and in good condition. They are sold for a low price.

1500 Records Given To The "Thrift Shop"

The local radio station, CKLG, has given a big fillip to a drive to raise funds for Prince George and District Hospital, by donating 1500 records to the "Thrift Shop."

The "Thrift Shop," which is sponsored by the Women's Auxiliary to the hospital, sells donated goods of all kinds to raise money for the purchase of hospital equipment.

Mrs. Barbara Hodgman, public relations chairman of the Women's Auxiliary, reports that most of

the records were given to the shop.

She says that the shop is doing "extremely well" but that they still urgently need donated articles of any kind.

The shop is particularly short of men's, women's and children's underwear, dishes, jewelry and pocket novels.

Children's clothes are the big selling item though, and any donations would be extremely helpful.

Donations of paper, especially toilet paper, are also requested.

They also launder many of the clothes.

The Thrift Shop, which is located in the old police station building, is open on Saturdays from 11 a.m. to 4 p.m.



BIG DAY FOR HOSPITAL

PHOTOS BY KARL SPREITZ

HONOR OF TURNING the first sod at the site of the new Prince George and District Hospital yesterday fell to Mrs. Emma Albins, long associated with the hospital work here and the one most acknowledged for her work in organizing the hospital improvement district. Over 150 persons witnessed the ceremony, participated in guided tours of the present hospital and were served tea in the nurses' residence by members of the Women's Auxiliary. Shown here giving Mrs. Albins an assist is John Ford, general manager for Bush Tompkins (Canada) Ltd., general contractors for the new building.

The Auxiliary to
The Prince George Regional Hospital
presents

a Nautical Ball

Dinner Dance

featuring

Bill Strachan and his Orchestra
and
River

at

The Inn of the North
Saturday, April 26, 1975

Cocktails ~ 7:30 p.m.
Dinner ~ 8:30 p.m.
Dancing ~ 8:30 p.m. to 2:00 a.m.
\$28.00 per couple



Auxiliary/Donates big



Hospital Auxiliary members Rosemary Leo, Lucy Buchanan, AnneMuirhead and Charlotte Hellyer were on hand with PGRH CEO Dave Richardson Monday to announce a \$170,000 donation to renovate the hospital's fourth floor.

CHRIS SIMNETT/FREE PRESS



Auxiliary provides renovation cash

The fourth floor of Prince George Regional Hospital will be getting a much-needed face lift by the end of the month.

The hospital auxiliary has raised \$170,000 for the

renovations which will include new flooring, wall coverings and lighting. The fourth floor houses the hospital's patient care area where patients stay when they are in the hospital for

reasons other than surgery or psychiatry.

"If you've ever seen the fourth floor it's apparent it needs updating, brightening up. It's not one of the more attractive areas of PGRH,"

says Renée Foot, spokesperson for PGRH and the Northern Interior Regional Health Board.

The renovations will be out for tender by mid-November.

THE FLASH

WCB Fine

You may have heard stories in the news this week about PGRH receiving a \$15,000 WCB fine. The fine dates back to 1997 and is not a new fine. It is the only WCB fine PGRH has received.

The fine pertains to employees' exposures to blood and body fluids at the hospital. In the fine, PGRH was cited for "failure of manager and supervisor responsibilities leading to workers' exposure to blood and body fluids by contaminated sharps and splashes."

PGRH, as other health facilities, operated under the guidelines of the Canadian Centre for Disease Control, which were inadequate because they left the decision of when to wear personal protective equipment (gloves, face shields) up to the employee's discretion. PGRH had taken several steps to decrease the staff exposure to needle sticks, such as the introduction of a needleless IV system.

However, a complete change in the Occupational Health and Safety staff and changes in departmental management created some inconsistent follow through on exposures. At the time, there was also no process to ensure senior management was kept informed of the exposures and follow up.

PGRH has worked with WCB Prevention Officers to correct

the gap. The policy on staff personal protective equipment has been revised, changes in the reporting structure of these incidents have been made, more training is provided for managers and staff, and orientation for new employees has been revised. PGRH remains committed to providing a safe workplace for our employees, and is proud of its safety record. We will continue work with WCB to look for ways to improve safety and ensure full compliance with their regulations.



Policy Reminders

For the protection and safety of our staff and patients, staff are reminded about some important hospital policies:

Perfume/Cologne: Due to allergic responses, the wearing of fragrances (perfume, aftershave, etc.) is not permitted.

Confidentiality: Confidentiality extends to all personal, private or financial information pertaining to patients, clients, residents, other personnel, colleagues, or institutional/agency matters which come to one's knowledge as a result of employment, placement or affiliation with the Northern

Interior Regional Health Board. Accessing and sharing information is to be on a "need to know" basis only.

Notwithstanding the above, there must be compliance with the Freedom of Information and Protection of Privacy Act. Disclosures of any kind to the media are limited to those by designated spokespersons as outlined in the Northern Interior Regional Health Board Media Management Policy.

RNABC Workshop

The RNABC is holding workshops on Continuing Competence - The new requirements for registration. The sessions will be held in room 102 at PGRH on March 1 at 1200 and 1500 and March 2 at 1200, 1500 and 1900. Judy Huska, Regional Coordinator for the RNABC will facilitate. All Rns are welcome to attend any session.



Go it SLOW!!

People using the staff parking lot are reminded to keep their speeds down. This time of year it can get extremely icy and difficult to stop. This makes it very dangerous for you, people walking through the lot and other motorists. Slow your speed down and play it safe.



Auxiliary Notes

Thrift shop: The Hospital Auxiliary Thrift shop needs your help. They need donations of good clean used clothing of all sizes. They also need housewares:

- Blankets
- Sheets
- Towels
- Drapes
- Dishes
- Cutlery
- Pots and Pans
- Lamps
- Ornaments

They need small appliances in good working condition and any used jewellery. Any help would be gratefully appreciated. The Thrift Shop is at 277 George St and is open Monday to Saturday from 10am-4pm. You can also reach them by phone at 564-7077.

New President: Rosemary Leo is the new president of the Auxiliary to Prince George Regional Hospital. Rosemary has been involved with the Auxiliary for over 5 years, and has been involved with member services for the last four years. Rosemary takes over from Anne Muirhead, who served as president for the last two years.

Member Recognition: At the AGM for the Auxiliary, Jean Stitt was honoured for her 50 years with the Auxiliary. Mrs. Stitt is past president and member of the executive committee. She also compiled a history of the Auxiliary in conjunction with their 65th anniversary in 1964. At the meeting, Mrs. Stitt was recognized for her years of service by the president of the BC Association of Healthcare Auxiliaries



Sorting the Mail

As of February 22, the mailroom located next to the Payroll office is the collection point for outgoing mail as well as the distribution point for incoming mail.

In order to send out the mail as quickly as possible, staff are asked to sort any outgoing mail in the following manner:

1. Prince George mail is to be grouped together
2. Mail for Barkerville, Burns Lake, Dawson Creek, Fort St. John, Hixon, Kitimat, McBride, Mackenzie, Prince Rupert, Quesnel, Smithers, Stewart, Terrace, Valemount, Vanderhoof, Wells, Williams Lake, PLUS postal codes starting with VOC, VOJ, VOL, VOT and VOV are all to be grouped together.
3. Everything south of Williams Lake and the rest of Canada should be grouped together
4. Out of Country should be separate.
5. Letter and Legal size brown envelopes should be separate.
6. X-rays and Parcels should be separate.

Any mail that you put a stamp on or says "Postage paid if mailed in Canada" are not to come to the mailroom. They can be dropped in the mail boxes in the lobby.

Personal mail should also be dropped in the mailboxes in the lobby.

Questions about sorting the mail should be directed to the accounting office.

Mailbox Changes

You may have noticed some other changes in the mailroom. The mailboxes have been reviewed and as a result, some things have moved around. The attached page shows the new lay out.

The mail boxes have been organized so that the first three rows are patient care areas and the remaining three rows are for all other areas. The boxes are assigned in alphabetical order and are clearly marked.

If you have any questions or requests for mailbox assignments, contact Eileen Ulrich in the Accounting Office.



FLASH Submissions

If you have anything you'd like to have included in the Flash, please contact Reneé Foot at local 2694 or leave it in the Flash mailbox in the mailroom. You can also e-mail submissions to rfoot@pgrhosp.hnet.bc.ca. The next Flash will come out March 12. The deadline for submissions is March 5.



Dedication of the Hospital Chapel

February 3rd, 2004

Prince George Regional Hospital

Welcome and Introduction of Special Guests

*Elizabeth Zook
Chaplain*

Letter from Shirley Bond

Welcome from the Health Authority

Value of Spiritual Care

*Michael McMillan
COO Northern Health*

Call to Worship and Invocation

*Rev. Rod Ferguson
St. Giles Presbyterian Church*

Scripture - Old Testament Reading

Sr. Mary-Clare Shack

Hymn

What a Friend We Have in Jesus

Scripture - New Testament Reading

Bill Bond

Thumbs Up Good News Story of the Week



UPLIFTING DONATION — Members of the PGRH auxiliary present a cheque for \$98,000 to the Spirit of the North Healthcare Foundation to purchase 10 new ceiling lifts for the hospital. The lifts will enhance and improve patient care and also reduce possible injury to staff members. The lifts make it safer and easier to care for patients who have restricted movements.

Submitted photo



The Thumbs Up Good News Story of the Week
is sponsored by Pacific Western Brewing Company

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Auxiliary Day – May 2018



Convenors – AGM 2018